

MARCH

YORK ACADEMY REGIONAL CHARTER SCHOOL BREAKFAST

2012

MENU SUBJECT TO CHANGE
2011/2012

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
			1 Fruit or Juice Milk Choice of One 1. Cereal & Poptart 2. Egg Sandwich	2 Fruit or Juice Milk Choice of One 1. Cereal & Yogurt 2. Mini-Cinnis
5 Fruit or Juice Milk Choice of One 1. Cereal & Cinn. toast 2. Cereal & Bageler	6 Fruit or Juice Milk Choice of One 1. Cereal & Yogurt 2. Cereal & Muffin	7 NO SCHOOL (Conferences)	8 NO SCHOOL (Conferences)	9 NO SCHOOL
12 Fruit or Juice Milk Choice of One 1. Cereal & Cinn. Toast 2. Sausage & pancake Flapstick	13 Fruit or Juice Milk Choice of One 1. Cereal & Poptart 2. French Toast Sticks w/ syrup	14 Fruit or Juice Milk Choice of One 1. Cereal & Bageler 2. Pancakes w/ syrup	15 Fruit or Juice Milk Choice of One 1. Cereal & Poptart 2. Egg Sandwich	16 Fruit or Juice Milk Choice of One 1. Cereal & Yogurt 2. Mini-Cinnis
19 Fruit or Juice Milk Choice of One 1. Cereal & Cinn. toast 2. Cereal & Bageler	20 Fruit or Juice Milk Choice of One 1. Cereal & Yogurt 2. Cereal & Muffin	21 Fruit or Juice Milk Choice of One 1. Cereal & Poptart 2. French Toast Sticks w/syrup	22 Fruit or Juice Milk Choice of One 1. Cereal & Cinn. toast 2. Egg Sandwich	23 Fruit or Juice Milk Choice of One 1. Cereal & Poptart 2. Pancakes w/ syrup
26 Fruit or Juice Milk Choice of One 1. Cereal & Cinn. Toast 2. Sausage & Pancake Flapstick	27 Fruit or Juice Milk Choice of One 1. Cereal & Poptart 2. French Toast Sticks w/ syrup	28 Fruit or Juice Milk Choice of One 1. Cereal & Bageler 2. Pancakes & syrup	29 Fruit or Juice Milk Choice of One 1. Cereal & Poptart 2. Egg Sandwich	30 Fruit or Juice Milk Choice of One 1. Cereal & Yogurt 2. Mini-Cinnis

BREAKFAST
PRICES:
Student \$1.00
Reduced \$ No Charge
Adult \$2.00

Milk Options Available Daily:
Skim
1% Low Fat White, Chocolate, & Strawberry,
Soy milk , creamy vanilla, Pearl brand

Students who qualify for free or
reduced meals also qualify for no charge
breakfast.

****NO PEANUT BUTTER OR
PEANUT PRODUCTS WILL
BE SERVED IN THE CAFETERIA****

****YOU MAY APPLY ONLINE
FOR FREE/REDUCED MEALS
AT: compass@state.pa.us**

****This Menu and CAFETERIA
PRE-PAY INFORMATION is
Available on our Website:**

www.cysd.k12.pa.us

**You may also check your
CHILD'S BALANCE here.**

Note: Students who eat a well
balanced breakfast are ready to
learn. They will concentrate on their
studies better, their attention spans
will be longer, they will have fewer
discipline problems and fewer
absences if they start the day with
breakfast.